



PRE-PRIMARY & PLAYSCHOOL

2 February 2012

Dear Parents,

Our children may not listen to us, but they are watching everything we do.

When they watch you fill their water bottles with juice, they know that it is against the school's rules. Our children are looking to us for strength and guidance. We are the adults in their lives. When a parent knowingly ignores the requests of the school, we are undermining the structure and order of the classroom.

Within a classroom each teacher will establish her own discipline but one non-negotiable rule for a teacher is "I am the boss".

As Derek Jackson (an educational speaker on discipline) has said:-

"In the absence of power in a classroom, a leader will arise – and it will not be the model student".

Parents at both the Playschool and Preschool need to get children to school by 08h00. This week has been constantly disrupted by late-comers.

At the Playschool doors will remain locked until 07h30. Children may go into their classrooms by 07h30 and NO EARLIER. Teachers arrive at school and need to set up their classrooms for the morning. Teachers who work at SAHETI and have children at the Playschool are able to bring their children into class before 07h30.

If you arrive before 07h30 the choice is to wait with your child until the doors open or drop your child at the Preschool. Doors at the Preschool open at 06h30 and Daphney is there to look after your child.

Outreach

- We will be donating our old mattresses in the Preschool to the Mother Goose School in Germiston.

- During the month of February we are collecting second hand/new clothes, shoes and soft toys to be donated to the Little Eden Fete. Drop off your articles with Gina/Denise/ your teacher.

PTA Annual General Meeting

Our PTA AGM will take place in the Bylos Music Centre on Tuesday 21 February at 18h30. Please make every effort to be there.

Themes for the week ending 10 February 2012

The theme for the Grade 0's is "All About Me (Body)"

The theme for the Grade 00's is "Me and My Family"

The theme for the Grade 000's is "My Body"

Themes for the Playschool for the week ending 10 February 2012

The theme for the Toddlers is "Me and My Body"

The perception for the Toddlers is "Red"

The theme for the 2 – 3 year olds is "Me and My Body"

The perception for the 2 -3 year olds is "Red"

PRE – PRIMARY REMINDERS

➤ **Box of tissues for each term.**

➤ R26 for Bakers Day.

➤ Please be punctual in the morning. Doors will close promptly at 08h00.

➤ When you bring your child to school in the morning please do not linger in the classroom.

The sooner you say goodbye, the quicker your child will settle and enjoy his/her day.

➤ Your child will require a library bag for library ring. They are available from Gina at a cost of R40. Your child will not be allowed to take out a library book for home if they do not have a library bag or have any books outstanding.

➤ SAHETI Pre-Primary School t-shirts are also available from Gina at R70 each. It is compulsory for the children to wear the t-shirts on every outing.

➤ Sun hats are on sale for R75.

➤ Recipe books with delicious recipes are on sale at a cost of R120.

Account number for Aftercare

Please note new account number for all transactions for Aftercare:

Standard Bank Alberton

Acc no : 020654138

Branch no. 012342

Name : SAHETI School

Ref : Name of family and Aftercare.

Terri Ohannessian

Principal

SAHETI Pre-Primary/Playschool

From the Psychologist:

12 TIPS on Effective Communication with Kids (Part 2)

7. Find out what your Child Knows Before Giving your Opinion

If your child asks you a difficult question (for instance about sex, death or politics) you might simply ask, 'What have you heard?' This encourages your child to let you know more about what she is thinking.



8. Solve Problems Playfully

Three minutes of play can save you ten minutes of struggle. A question such as, 'Would you like to dress your dolls for school before you get dressed?' may inspire your child to play along. And it can be a lot more fun for both of you!



9. Pick your Battles

Ask yourself if you really need to fight about this. Try not to take your child's strong feelings personally, even when she makes them sound personal.



10. When you lose your Cool, Apologize

An apology lets your child know his feelings matter. It also gives him a model for his own behaviour. If you feel guilty about what you said, remember that no parent is perfect. Talk to a friend and find out how she would have handled it.



11. Keep Pace with Change

Keep in mind that what worked yesterday - might not work today. The minute you think you have it figured out; your child grows up and challenges you in new ways. Maintain your sense of humour and find new ways to talk and listen.



Let a tantrum run its course.

Try not to add fuel to the fire with your own strong emotions. Children often start a tantrum because they don't feel heard. What they really want is for their parents to stop, listen and acknowledge their feelings.



Captured from a PBS Parents Slide-Show:
<http://www.pbs.org/parents/talkingwithkids>:

Yours in Mental Health
Natalie Palm